

Max the Midterm: Study Skills for Success

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Short Activity: How Long is a Minute?

- Close your eyes
- Raise your hand and open your eyes when you think one minute is up
- No cheating!

How Do I Know What to Prioritize?

- Find out your current grade average in the class. Are you:
 - On the cusp of going up or down a grade?
 - If so, consider dedicating more time to that midterm
 - In a place where doing well wouldn't affect your grade that much?
 - If so, you may consider spending less time on this midterm.
- You can also rank your classes based on how well you'd like to do in each of them and allot your time based on that.
 - Classes for your major/pre-med/pre-law
 - Electives
 - Other

Laying Out Your Plan

1. Write out each midterm assignment(s) you have for each class and what kind of assignment it is.
 - a. Paper
 - b. Review
 - c. Project
 - i. Group Project
 - d. Other

Laying Out Your Plan

2. Write out each step needed to fully complete this assignment. Include any meetings or criteria you need to have according to your professor's rubric. Work backwards from the due date to create your plan.

Example:

6-page midterm paper for an anthropology class; requires 4 cited external sources and 1 meeting with the research librarian (due in 10 days)

- Brainstorm idea for central topic of paper
- Meet with librarian for research ideas
- Do research; find at least 4 sources to support topic
- Create outline for paper
- Write at least 1 page a day; goal is to finish paper 1-2 days before deadline
- Optional - meet with Writing Center or professor for feedback
- Submit!

Laying Out Your Plan

3. Estimate how much time you think each step will take/the max amount of time you want to spend on each step

Example: **6-page paper for Anthropology class**

- Brainstorm idea for central topic of paper **(30min - 1 hour)**
- Meet with librarian for research ideas **(1 hour)**
- Do research; find at least 4 sources to support topic **(2-3 hours)**
- Create outline for paper **(1.5 hours)**
- Write at least 1 page a day; goal is to finish paper 1-2 days before deadline **(1 page OR 1 hour at least each day)**
- Optional - meet with Writing Center or professor for feedback **(1 hour)**
- Submit!

Procrastinating?

- Have an accountability partner
 - Classmate
 - Friend
 - Peer Academic Coach: Weekly Guided Study Halls, Walk-In Hours, One-on-one appointment
- Work in timed increments
 - 15, 30, 45, 60 min increments
 - Breaks in between (10-15 minutes)
- Implement rewards for finishing work
 - Small treat or snack
 - Hangout with friends
 - Etc.
- Have someone take your phone to avoid distraction

Additional Resources

- [AADR Academic Success Toolkit](#)
- [Panorama](#)
- [Peer Academic Coach Interest Form](#)
- [Calendarpedia](#)



PEER ACADEMIC COACHING WALK-IN HOURS

Tuesdays & Wednesdays:
7PM to 9PM

We are located at the
round table in the
library atrium (1st floor
near entrance)



PEER ACADEMIC COACHES
ARE OFFERING:

GUIDED STUDY HALL



WHERE:
FISHBOWL CLASSROOM
IN LIBRARY

Using the Pomodoro
method: 25 minutes of
focused work with five-
minute breaks over 2 hrs.



WHEN:
SUNDAYS
7:00 – 9:00 PM

Snacks and planners are
provided!



Thank you!

Please take a moment to
complete our survey.

<https://lib.davidson.edu/stw6>



QR code